

# Parenting Strategies for the Return to School

Join Bronagh Starrs, internationally renowned psychotherapist, trauma specialist, academic and author for this webinar which will focus on supporting parents to navigate the school return following the extensive absence from school during the last academic year and the challenge of living with Covid-related anxiety and uncertainty. A trove of helpful strategies will be discussed.

**Date: Monday 24 August**  
**Time: 7.00pm**

**Webinar link:** <https://us02web.zoom.us/j/83840771331?pwd=TmIHZzl4UUk4REdXek8vWHJldk5lUT09>

## **About The Presenter:**

Bronagh Starrs is Programme Director for the MSc Adolescent Psychotherapy in Dublin Counselling & Therapy Centre in partnership with University of Northampton and Founder & Director of Blackfort Adolescent Gestalt Institute. She maintains a private practice in Omagh, Northern Ireland, as an expert psychotherapist, clinical supervisor, writer and trainer, specialising in working with adolescents, emerging adults and their families. Bronagh is a child and adolescent development specialist and has considerable experience as a trainer in adolescent development and therapy throughout Ireland. She also teaches and presents internationally on the developmental implication of trauma on the adolescent journey. Her recent publication Adolescent Psychotherapy - A Radical Relational Approach (Routledge, London) has received international acclaim.

