

Homemade multi-seed brown bread €1.50

Flapjacks €2.20

Protein balls available @10.50am & Lunchtime €2 with a carton of milk

Soup: Available @10.50am & @1.10pm Lunchtime €2 with a carton of milk

Freshly made Vegetable soup served with homemade brown bread or a roll

Overnight Protein Oats available @10.50am & @lunchtime €2 with a carton of milk

Rolls: Available @10.50am & @lunchtime €2 with a carton of milk

Fillings: Hot breaded chicken, plain chicken fillet, ham, cheese, lettuce, tomatoes, onions, egg, coleslaw

Sandwiches: Fresh/ toasted Available @lunchtime €2 with a carton of milk

Fillings: Hot breaded chicken, plain chicken fillet, ham, cheese, lettuce, tomatoes, onions, egg, coleslaw

Rice dishes: Available @lunchtime €2 with a carton of milk

Chicken Curry

Chicken & veg stir fry

Vegetarian stir fry

Pasta dishes: Available @lunchtime €2 with a carton of milk

Bolognese

Salad Bowls: Available @lunchtime €2 with a carton of milk

Fillings: Chopped lettuce, breaded chicken, cheese, ham, tomatoes, red onion, grated carrot, home-made brown bread

Wraps: Available @lunchtime €2 with a carton of milk

*Sweet chilli chicken (chicken, lettuce, tomatoes, cheese, sweet chilli sauce

*Fajita (chicken, sautéed mushrooms, onions, peppers, cheese, mayo & fajita spice)

*Ham/ chicken/ cheese salad

* All foods are freshly prepared daily on site. If any student has any special dietary requirements please let us know and we will do our best to accommodate you. Lunches can be pre-ordered/prepaid for and collected in an express queue for your convenience.

Although a particular dish may state it doesn't have an allergen present there is a risk of allergen cross contamination as the allergens may be used in the preparation of other dishes on site. Please ask at the counter if you have any questions. A full allergen list is on display at the counter